



— G\Uf]b[/ ·GufhYfg—

| | | | |
|---|------|--|------|
| Deviled Eggs 🥚 candied bacon, chives | \$7 | Fried Okra 🥒 chopped, cornmeal breaded, ranch | \$9 |
| Fried Green Tomatoes 🍅 herbed goat cheese, chow chow, microgreen | \$12 | Bao Buns fried chicken, pickled vegetables, cilantro, hoisin mayo, asian bbq sauce | \$13 |
| Street Taco Trio blackened shrimp, carne asada, pulled pork, pico de gallo, pickled red onions, cabbage avocado & chipotle cremas | \$12 | The "G.O.A.T" Flatbread 🥞 caramelized onions, NC goat cheese, hot honey, fresh peaches | \$13 |
| Baked Pimento Cheese 🧀 Ashe county mixed cheeses, pretzel bites | \$12 | The "Pig" Flatbread pulled pork, bacon, bbq sauce, smokey cheese, mountain jack cheese, fried shallots, green onions, pickled jalapenos, roots mustard | \$14 |
| Firecracker Shrimp fried shrimp, spicy roots sauce, green onions, toasted benne seeds, local greens | \$11 | | |

— Soups, GUUXg& Bowls —

*protein add ons: egg salad \$5, grilled chicken \$7, chicken salad \$7, fried chicken \$8, grilled or blackened shrimp \$8,
*seared or blackened salmon \$10, *blackened ahi tuna \$13
*house dressings - garlic buttermilk ranch, blue cheese, caesar, honey vinaigrette, honey mustard, red wine vinaigrette

| | | |
|--|--|---|
| Roasted Tomato Soup 🍅 (cup \$7/ bowl \$11) medley of tomatoes, onions, garlic, fresh herbs, cream, NC goat cheese, toasted breadcrumbs | | House Salad 🥗 Sm\$6/Lg\$12 mixed lettuces, carrots, tomatoes, red onions, cucumbers, toasted breadcrumbs |
| Daily Soup Special (cup \$7/ bowl \$11) ***Ask your server for our daily soup special | | Wedge Salad 🥗 \$12 iceberg wedge, carrots, tomatoes, pickled red onions, cucumbers, toasted breadcrumbs, blue cheese crumbles |
| Soup/Salad/Sandwich: Pick Two \$13 choose two: cup of soup, side salad, grilled pimento cheese on sourdough | | Caesar Salad 🥗 \$12 your choice of grilled or chopped romaine lettuce, toasted breadcrumbs, providence cheese, house caesar |
| Southern Soul Bowl 🥗 \$13 cilantro rice, pickled red onions, avocado salsa, carrots, cucumbers, radishes, pickled jalapenos, chopped peanuts, firecracker sauce, micro green | | Summer Cobb Salad \$13 mixed lettuce, tomatoes, roasted corn, hard boiled eggs, bacon, cheddar cheese, fried shallots |
| Burrito Bowl 🥗 \$13 cilantro rice, foothills caviar, tomatoes, cheddar cheese, lettuce and cabbage mix, pico de gallo, tortilla chips, avocado & chipotle crema | | Classical Salad 🥗🥚 \$12 mixed lettuces, red onions, cucumber, tomatoes, peppers, olives, feta, creamy red wine vinaigrette |

Sandwiches, Wraps & More

-All sandwiches and wraps are served with choice of chips, roots fries, or seasonal fruit.
-Sweet potato fries \$1 upcharge, broccoli salad or side salad \$2 upcharge, tomato or daily soup \$3.00 up charge, GF sliced bread \$2 upcharge.

| | | | |
|--|------|---|------|
| Fried Chicken Sandwich toasted brioche bun, fried chicken breast, lettuce, house pickles, herbed aioli <i>substitute for grilled chicken, add bacon \$2.00, add pimento cheese \$1.50</i> | \$15 | Grilled Pimento Cheese  toasted sourdough, melted Ashe county mixed cheeses <i>add bacon \$2.00</i> | \$12 |
| The "Local" Burger toasted brioche bun, local premium ground beef double smash patties, shredded lettuce, tomato, red onion, house pickles, white american cheese, roots sauce <i>substitute for veggie burger, add bacon \$2.00, add pimento cheese \$1.50</i> | \$15 | Fresh or Fried Green Tomato BLT toasted sourdough bread, choice of fresh red tomato or fried green tomato, bacon, shredded lettuce, herbed aioli | \$13 |
| Fried Shrimp or Fish Po Boy toasted hoagie, choice of fried fish of the day or fried shrimp, shredded lettuce, tomato, house pickles, remoulade | \$15 | Chicken, Bacon, Ranch Wrap grilled chicken, bacon, lettuce, tomato, shredded cheese, ranch, choice of spinach, sundried tomato, or herbed garlic wrap | \$13 |
| Chicken Salad Sandwich toasted sourdough, chicken salad, bacon, lettuce, tomato | \$14 | Garden Wrap  black eyed pea hummus, lettuce, micro greens, roasted tomatoes, avocado salsa, cucumber, feta, pickled onions, choice of spinach, sundried tomato, or herbed wrap garlic wrap | \$13 |
| Local Cheese Steak toasted hoagie bun, sliced steak, grilled peppers & onions, pickled jalapenos, mountain jack cheese | \$15 | NC Fish N Chips fried daily fish, roots fries, slaw, remoulade | \$15 |
| Egg Salad Sandwich toasted sourdough, egg salad, lettuce, tomato | \$12 | *Steak and Fritz 12oz NY Strip, red wine roasted garlic butter, roots fries | \$28 |

Housemade Desserts

-Ask your server for selection of house-made desserts-

CONSUMER ADVISORY

*These items served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.
If you use a credit card, we will charge an additional 3% to help offset processing costs. This amount is not more than what we pay in fees. We do not surcharge debit cards.
20% gratuity will be added to parties of 8 or more.



Vegetarian



Vegan



Gluten Free