

Local Roots & Provisions is a chef-driven, southern-inspired restaurant with a focus on local ingredients. Our menu features robust flavors from the best local vendors and producers.

— Sharing & Starters —

- Baked Pimento Cheese**
- Ashe county mixed cheeses, pretzel bites 12
- Deviled Eggs**
- candied bacon, chives, paprika 8
- Fried Okra**
- crispy, cornmeal breaded, house-made garlic buttermilk ranch 10
- Fried Green Tomatoes**
- herbed goat cheese, chow chow, microgreens 12
- LRP Wings**
- 6 or 12 fried chicken wings, choice of hot honey, buffalo or lemon pepper, choice of blue cheese or ranch 9/18

- Firecracker Shrimp**
- fried shrimp, firecracker sauce, green onions, blended sesame seeds, local greens 12
- Street Taco Trio**
- blackened shrimp, carne asada, pulled pork, pico de gallo, pickled red onions, cabbage, avocado & chipotle crema 12
- The "Pig" Flatbread**
- pulled pork, bacon, bbq sauce, smoked pecan & mountain jack cheeses, fried shallots, green onions, pickled jalapenos, roots mustard 16
- The "G.O.A.T" Flatbread**
- caramelized onions, NC goat cheese, hot honey, fresh peaches 13

— Soups, Salads & Bowls —

**protein add ons: egg salad 5, grilled chicken 7, chicken salad 7, fried chicken 8, sautéed, fried or blackened shrimp 8, seared or blackened salmon 12*

**house dressings: garlic buttermilk ranch, blue cheese, caesar, honey vinaigrette, honey mustard, red wine vinaigrette*

- Soup & Grilled Pimento Cheese Combo**
- choice of a cup of tomato or daily soup paired with a grilled pimento cheese on toasted sourdough bread 15
- Roasted Tomato Soup**
- medley of tomatoes, onions, garlic, fresh herbs, cream, NC goat cheese, toasted breadcrumbs cup 7 / bowl 11
- Daily Soup Special**
- Ask your server for our chef inspired soup special cup 7 / bowl 11
- Southern Soul Bowl**
- cilantro rice, pickled red onions, avocado salsa, carrots, cucumbers, radishes, pickled jalapenos, chopped peanuts, firecracker sauce, micro greens 14
- Burrito Bowl**
- cilantro rice, foothills caviar, tomatoes, cheddar cheese, lettuce and cabbage mix, pico de gallo, tortilla chips, avocado & chipotle crema 14

- Summer Cobb Salad**
- mixed lettuces, tomatoes, roasted corn, hard boiled eggs, bacon, cheddar cheese, fried shallots 14
- House Salad**
- mixed lettuces, carrots, tomatoes, red onions, cucumbers, toasted breadcrumbs 12
- Caesar Salad**
- your choice of grilled or chopped romaine lettuce, toasted breadcrumbs, providence cheese, house caesar dressing 12
- Caprese Salad**
- fresh greens, heirloom tomatoes, mozzarella cheese, fresh basil, olive oil, balsamic reduction 11

CONSUMER ADVISORY

*These items served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

If you use a credit card, we will charge an additional 3% to help offset processing costs. This amount is not more than what we pay in fees. We do not surcharge debit cards.20% gratuity will be added to parties of 8 or more.



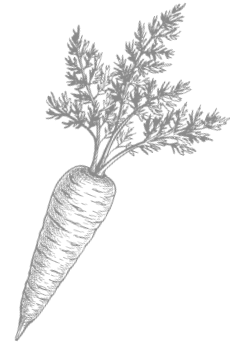
Vegetarian



Vegan



Gluten Free



Sandwiches, Wraps & More

-All sandwiches and wraps are served with choice of chips, roots fries, or seasonal fruit.
-Sweet potato fries \$1 upcharge, broccoli salad or side salad \$2 upcharge, tomato or daily soup \$3.00 up charge, GF sliced bread \$2 upcharge.

Fried Chicken Sandwich

toasted brioche bun, Joyce Farms fried chicken breast, lettuce, house pickles, herbed aioli 16
substitute for grilled chicken, add bacon or pimento cheese 2

Fried Shrimp Boy

toasted hoagie roll, fried shrimp, shredded lettuce, fresh tomato, house pickles, remoulade 16

Chicken Salad Sandwich

toasted sourdough bread, housemade chicken salad, bacon, lettuce, fresh tomato 15

Local Cheese Steak

toasted hoagie bun, sliced steak, grilled peppers & onions, pickled jalapenos, mountain jack cheese 16

Egg Salad Sandwich

toasted sourdough bread, housemade egg salad, lettuce, tomato 14

NC Fish N Chips

fried catfish and shrimp, roots fries, housemadeslaw, remoulade 22

The "Local" Burger

toasted brioche bun, local premium ground beef double smash patties, shredded lettuce, fresh tomato, red onion, house pickles, white american cheese, roots sauce 16
add bacon or add pimento cheese 2

Fresh or Fried Green Tomato BLT

toasted sourdough bread, choice of fresh red tomato or fried green tomato, bacon, shredded lettuce, herbed aioli 15

Chicken, Bacon, Ranch Wrap

grilled chicken, bacon, lettuce, fresh tomato, shredded cheese, housemade ranch, choice of spinach, sundried tomato, or herbed garlic wrap 15

Garden Wrap

black eyed pea hummus, lettuce, micro greens, roasted tomatoes, avocado salsa, cucumber, feta, pickled onions, choice of spinach, sundried tomato, or herbed wrap garlic wrap 14

*Steak and Frites

12oz NY Strip, red wine roasted garlic butter, roots fries 29

Sides

Broccoli Salad

broccoli, red onions, dried cranberries, tomatoes, bacon, Ashe county cheese 6

Side Salad

mixed lettuce, carrots, tomatoes, red onions, cucumbers, toasted breadcrumbs 6

Seasonal Fruit

Ask your server for available mixed fruit 4

Sweet Potato Fries

sweet potato fries, house seasoning 6

Roots Fries

hand-cut fries, house seasoning 5
add bacon or pimento cheese 2

Voodoo Chips

Ask your server for available chip options 3

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